

JANUARY

Key themes for the month: New Year's, Resolutions, Women Rock Day, Martin Luther King Jr. Day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Relationship goals for the New Years	Social media marketing trends for the new year
3	4	5	6	7	8	9
Women Rock Day: How Women Can Be Happy Single	How to Set Relationship Goals for the New Years	How do you come across more confident	Are you connecting with someone because you are comparing scars and struggles	The X Secret to Attracting A Quality Partner	National Bubble Bath Day: How Couples Can Practice Self-Care Together	Where do you want to be from a year from now
10	11	12	13	14	15	16
Personal Story On How I Become A Relationship Coach	X Tips to Better Communications	How to set standards and not be a booty call	5 Ways to Not Be Used	Who you align with determines where and how far you go	How to stay motivated in the dating life	What does true compatibility look like
17	18	19	20	21	22	23
Myth or Fact: Is the way to a man's heart through his stomach	Martin Luther King Jr. Day: Why Equality Matters	How to Start a Relationship in X Year	What profiles pictures are best for online dating	You want to know the secret to having a thriving relationship	Is there something right with me	How can you make finding and keeping a man easier
24	25	26	27	28	29	30
The 2 Ways you can work in love	X Reasons Why People Get Trapped In Toxic Love	The X Thing that is killing relationship	Why is it harder to find someone who wants to commit	Quality Time vs. Quantity Time	X Reasons Why Marriage and Relationships Fail	Story of Life as a Dating Coach
31						
Letting Fear Deciding Your Future						
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APRIL

Key themes for the month: Taxes, Spring

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				X Tax Deductions for Y	X Tax Deductions for X Industry	X Tax Deductions for X Business
4	5	6	7	8	9	10
How to Find Amazing Accountant	X Reasons Why You Need an Accountant	X Tax Rules You Need to Know About	X Tax Rules X Business Need to Know About	How to Do Year Long Tax Planning for Your Business	How to Organize A Partner Search	How to Streamline Your Business Finances
11	12	13	14	15	16	17
X Terms You Need to Know About Business	X Ways to Increase Profits In Your Business	Should You Do Your Taxes Alone Or Together ?	X New Tax Rules for Y year	Do you need to hire contractors or employees?	X Tax Mistakes Business Owners Make	Different Kinds of Incorporations and Why
18	19	20	21	22	23	24
How to Spring Clean Your Finances	How to Spring Clean Your Expenses	How to Spring Clean Your Home Office	How to Spring Clean Your Business	How To Use Online Financial Management	X Finance Organization Tips	How to Reduce Mental Clutter
25	26	27	28	29	30	
How to Organize Your Debt Repayment Plan	How to Streamline Your Financial Files	How to Get Rid of Clutter in Your Finances	How to Spring Clean Your Office (Outside of Home)	How to Streamline Your Bill Pay	How to Declutter Your Files	
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MAY

Key theme for the month: Spring Cleaning

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 What to Do If You Gave Up On Your Relationship
2 What to Do If You're Behind on Your Goals With Your Partner	3 X Top Ways to Fill Your Emergency Fund	4 How to Save Money On Your Grocery Bill	5 How X Relationship Coaches Found Their Careers	6 My Crazy Relationship Story	7 X Tips for Negotiating With Your Spouse	8 X Ways to Get Your Partner To Connect With You
9 Going Back To Memory Lanes	10 X Things You Need to Know About Getting Into A Relationship	11 How To Introduce Yourself As An Extrovert/Introvert To Potential Partner	12 X Conversation To Have Before Marriage	13 Telling Lies on Dating Profiles	14 The Influence of Communication In Relationship	15 How To Improve Certain Areas In A Relationship
16 How Couples Can Make A Successful Relationship	17 How To Stand Out In Dating Profile	18 Why You Need To Love Thy Self	19 Three Lies About Relationship	20 How To Grab The Attention Of Potential Partner	21 Facing On Hidden Resentments	22 How You Bounced Back From A Bad Break Up
23 Know Your Value	24 How to Negotiate Your Marriage Agreement	25 Getting Rid of Items From Past Relationship	26 How To Interact With Others To Build Relation	27 X Tips To Avoid Being Ghosted Or Played	28 How To Break Up With Someone	29 Vacation Saving Plan
30 X Couples Trends for the summer	31					
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JUNE

Key themes for the month: Summer, Effective Communications Month, LGBT Pride Month, Summer Vacation

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 How to Avoid Burnout	2 How To Get it All Done Mindset Training	3 How to Serve Clients So They Keep Coming Back	4 How Your Company Can Plan Out Content Strategy	5 How to Lead By Serving Your Clients Well
6 Celebrating Pride In Your Business	7 Couples Anniversary	8 How You and Your Partner Can Shine In Your Relationship	9 Rules For Relationship Success	10 What to Do When You Don't Hit Your Goals	11 How to Rebound From Relationship Mistakes	12 Healing Wounds Of Past Relations
13 The Importance of Authenticity in Creating A Relationship	14 How to Effectively Communicate with Your Partner	15 How To Effectively Communicate With Your Partner's Kids	16 What To Do If You Can't Buy Your Partner A Gift	17 Giving Your Partner Their Space	18 Preparing a Vacation With Your Spouse	19 X Social Media Copy Secrets to Attract Clients
20 Relationship Trends	21 How to Run an Efficient Business	22 How to Make Your Social Media Profiles Friendly	23 How to Balance Your Relationship and Work Life	24 Taking a Stand on a Specific News Topic	25 The Importance of having an alignment of values, needs and desire.	26 How to Teach Your Kids About Proper Relationship
27 X Ways of Creating Intimacy In A Relationship	28 Taking Your Relationship to the Next Level	29 Improving the Quality Of Connection Between	30 Identifying Issues That Effecting Your Relationship			
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JULY

Key themes for the month: Summer Vacation, Travel, 4th of July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				How Money Helps You Build Independence	What Does Freedom To Love Means to Me	How to Achieve Freedom In Relationship
4	5	6	7	8	9	10
4th of July	X Ways to Reach Relationship Freedom	Learning The Difference between Codependency and Interdependency	Relationship vs Marriage	dating vs being in a relationship	How Being In a Relationship Work	How Being In a Marriage Work
11	12	13	14	15	16	17
Dating App Tutorial	How to Save For a Vacation With Your Partner	X Budget Friendly Vacation Spots	How to Choose the Best Vehicle To Fit Both You and Your Partner	Vulnerability	How to Stop Making Excuses	How to Build a Routine With Your Spouse
18	19	20	21	22	23	24
Are you making Assumption rather than Asking	News trends for the week/month	X Tips to become aware of emotional unavailability	How to Overcome the 3 Biggest Mistakes that sabotage love	Toxic Relations	X Dating Myth	Love isn't everything
25	26	27	28	29	30	31
Top Relation Coaches of the Summer	How to Know When to Slow Down and When to Press Forward In A	How To Balance Work Life and Relationship Time	Social trends that can impact your relationship	New Relationship Trends	Revealing Your True Self	
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AUGUST

Key themes for the month: Winding Down Summer

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
Am I Sharing What my Needs Are	Falling In Love	How to Love in an Adult Relationship	How do YOU respond to your partners good news	Every Day Love Challenge	X Side Hustle Ideas You Can Start With Your Partner	The Trap Called, "The One"
8	9	10	11	12	13	
You are allowed to want	Personal story about your journey	You deserve love	Addicted to Drama	X Strategies for Negotiating With Your Childrens	Stories you've learned from clients	What is holding you back
15	16	17	18	19	20	21
Insecurity	Creating a Space Your Partner can be vulnerable In	Do you make yourself smaller and "less than"	Who do I wish to become as I contiune my life journey	How to be Approachable	How to survive after a devastating relationship	There no such thing as a Perfect Relationship
22	23	24	25	26	27	28
Grief, Transition, Letting Go	Don't Supress Your Desires	People Change It Normal	You can still love a person but still want to end the relationship	The Difference of good and GREAT	It is not the time to reconnect with your ex	Committed Relationship and Grad School
29	30	31				
What Real Love Does	How to Harm Your Relationship	Navigating Conflict with Grace and Respect				
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SEPTEMBER

Key themes for the month: Back to School, Fall Goals (AKA: New Year's Part 2), Suicide Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Are you looking for love in the wrong places	What nobody tells you about high school and college relationship	Thinking your way into alignment vs Feeling your way into alignment	The laws of Attractions
5	6	7	8	9	10	11
How to Talk To Your Kids	How does EFT/Tapping work	How to re-commit to the goals you set in January	Are you in your power, or are you giving your power to someone/something else	How to Overcome Perfectionism in Your Relationship	My Secrets to Dating	X Coaches Share How to Create the Best Date Plan
12	13	14	15	16	17	18
10 Ways to manifest love and peace	How to Bounce Back from Troubles in Your Life	How to Craft a Great Dating Bio That Gets the Right Attention	Mental health stats in industries	How can you meet your higher self	Mental Health and Your Career	Stop trash talking yourself
19	20	21	22	23	24	25
How Relationship Hardship Affects Mental health	Have placed your future partner on a pedestal	Choose your belief	What story do you tell yourself	Are you letting your story define you	How To Use Mindfulness to Reach Your Goals	How can self-acceptance help with healing
26	27	28	29	30		
How can you heal and thrive	X Resources If You're Experiencing Hardship	X Relationship Experts share their resilience stories	X Mental Health Tips	Where to Find Help		
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OCTOBER

Key theme for the month: Halloween, Holidays

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					X Couples Halloween Costumes	What would you say to your younger self
3	4	5	6	7	8	9
X Tips to deal with being on the end of inconsisent interest	The healing and understanding on your dating pattern	Getting clear on what your boundaries are	What are you doing in your life right now to feel fulfilled	How to Stop Procrastinating on Your Relationship Goals	Letting go of the guilt/shame/fear	6 Goals You Should Have in the next year
10	11	12	13	14	15	16
X Tips on dealing with Loss	5 Tips to Bring Your Relationship to the Next	What investments to make at the end of the year	Express yourself always	Who did you have to become in order to be	10 Things you need to know about grief	Is the opinion of yourself holding you back
17	18	19	20	21	22	23
Learning what to prioritize in your life	Self Esteem vs Self Worth	Happy People are Attractive People	How to Align Your Relationship with your Value	How to Hit Your Goals in Just 90 Days	How to Brainstorm Creative Ideas for Anniversary	How to Make Better Decisions entering a relationship
24	25	26	27	28	29	30
Landing Page Tips to Increase Conversions	How to Land a Your Ideal Partner	Don't let ego get your way of happiness	When is It Time to Hire A Relationship Coach	The Number One Thing Holding Most People Back	Analyze The Things You Aren't Saying, But Thinking.	Knowing what to share and when to share it
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